This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; however, many examples of the medications are listed in each category.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan’s drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every dosage form of a listed medication.

### ASTHMA/COPD
- albuterol
- budesonide
- cromolyn oral inhalation
- ipratropium/albuterol oral inhalation
- ipratropium oral inhalation
- fluticasone/salmeterol
- levabuterol
- metaproterenol
- montelukast
- terbutaline
- theophylline
- wixela inhub
- zafirlukast
- zileuton ER

### BONE DISEASE AND FRACTURES
- alendronate
- ibandronate
- raloxifene
- risedronate
- zoledronic acid 5mg

### CAVITIES
- sodium fluoride rinse, gel, cream, paste, tabs and drops
- stannous fluoride rinse and gel

### COLONOSCOPY PREPARATION*
- polyethylene glycol

### DEPRESSION
- citalopram
- escitalopram
- fluoxetine
- fluvoxamine
- paroxetine
- paroxetine er
- sertraline

### DIABETES
- acarbose
- chlorpropamide
- generic syringes, lancets and needles
- glimepiride glipizide er
- glipizide/metformin
- glyburide
- glyburide/metformin
- metformin er
- miglitol
- nateglinide pioglitazone
- pioglitazone/glimepiride
- pioglitazone/metformin
- repaglinide
- repaglinide/metformin
- tolbutamide
- tolazamide

### HEART DISEASE AND STROKE
#### BLOOD THINNERS
- aspirin, 81 mg & 325 mg*
- aspirin-dipyridamole er
- clopidogrel
- dipyridamole
- prasugrel
- ticlopidine
- warfarin

#### CHOLESTEROL LOWERING
##### HMG-COA REDUCTASE INHIBITORS*
- atorvastatin
- fluvastatin
- lovastatin
- pravastatin
- rosuvastatin
- simvastatin

##### OTHER CHOLESTEROL LOWERING AGENTS
- cholestyramine
- cholestryamine light
- colesvelam
- colestipol
- ezetimibe
- ezetimibe/simvastatin
- fenofibrate fenofibric acid
- gemfibrozil
- niacin
- prevalite
## 2020 CDH Preventive Medications - Standard Plus Generics Only

### HIGH BLOOD PRESSURE

#### ACE INHIBITORS
- benazepril
- captopril
- enalapril
- fosinopril
- lisinopril
- moexipril
- perindopril
- quinapril
- ramipril
- trandolapril

#### ACE INHIBITORS/DIURETIC COMBINATIONS
- benazepril/hctz
- captopril/hctz
- enalapril/hctz
- fosinopril/hctz
- lisinopril/hctz
- moexipril/hctz
- quinapril/hctz

#### ANGIOTENSIN II RECEPTOR ANTAGONISTS
- candesartan
- eprosartan
- irbesartan
- losartan
- olmesartan
- telmisartan
- valsartan

#### ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS
- candesartan/hctz
- irbesartan/hctz
- losartan/hctz
- olmesartan/hctz
- telmisartan/hctz
- valsartan/hctz

#### BETA BLOCKERS
- acebutolol
- atenolol
- betaxolol
- bisoprolol
- metoprolol succinate
- metoprolol tartrate
- nadolol
- pindolol
- propranolol
- timolol

#### BETA BLOCKER/DIURETIC COMBINATIONS
- atenolol/chlorthalidone
- bisoprolol/hctz
- metoprolol/hctz
- nadolol/bendroflumethiazide
- propranolol/hctz

#### CALCIUM CHANNEL BLOCKERS
- amlodipine
- diltiazem er
- felodipine er
- isradipine
- nicardipine
- nifedipine er
- nisoldipine er
- verapamil

#### DIURETICS
- chlorothiazide
- chlorthalidone
- hydrochlorothiazide
- indapamide
- metolazone

#### OTHER HIGH BLOOD PRESSURE COMBINATIONS
- amlodipine/atorvastatin
- amlodipine/benazepril
- amlodipine/olmesartan
- amlodipine/olmesartan/hctz
- amlodipine/telmisartan
- amlodipine/valsartan
- amlodipine/valsartan/hctz
- trandolapril/verapamil

#### MALARIA
- atovaquone/proguanil
- chloroquine
- mefloquine

#### OBESITY
- benzphetamine
- diethylpropion
- phendimetrazine
- phentermine

#### SMOKING-cessation*
- bupropion sr 150mg
- nicotine gum, lozenges and patches

#### VITAMINS OR MINERALS
- folic acid*
- generic prenatal vitamins
- generic pediatric multivitamins with fluoride*

*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website express-scripts.com.

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