

## 2020 Consumer Directed Healthcare (CDH) Preventive Medications - Standard Plus Generics Only

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; however, many examples of the medications are listed in each category.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every dosage form of a listed medication.

### **ASTHMA/COPD**

albuterol  
budesonide  
cromolyn oral inhalation  
ipratropium/albuterol oral inhalation  
ipratropium oral inhalation  
fluticasone/salmeterol  
levabuterol  
metaproterenol  
montelukast  
terbutaline  
theophylline  
wixela inhub  
zafirlukast  
zileuton ER

### **BONE DISEASE AND FRACTURES**

alendronate  
ibandronate  
raloxifene  
risedronate  
zoledronic acid 5mg

### **CAVITIES**

sodium fluoride rinse, gel, cream, paste, tabs and drops  
stannous fluoride rinse and gel

### **COLONOSCOPY PREPARATION\***

polyethylene glycol

### **DEPRESSION**

citalopram  
escitalopram  
fluoxetine  
fluvoxamine  
paroxetine  
paroxetine er  
sertraline

### **DIABETES**

acarbose  
chlorpropamide  
generic syringes, lancets and needles  
glimepiride glipizide er  
glipizide/metformin  
glyburide  
glyburide/metformin  
metformin er  
miglitol  
nateglinide pioglitazone  
pioglitazone/glimepiride  
pioglitazone/metformin  
repaglinide  
repaglinide/metformin  
tolbutamide  
tolazamide

### **HEART DISEASE AND STROKE**

#### **BLOOD THINNERS**

aspirin, 81 mg & 325 mg\*  
aspirin-dipyridamole er  
clopidogrel  
dipyridamole  
prasugrel  
ticlopidine  
warfarin

#### **CHOLESTEROL LOWERING**

#### **HMG-COA REDUCTASE INHIBITORS\***

atorvastatin  
fluvastatin  
lovastatin  
pravastatin  
rosuvastatin  
simvastatin

#### **OTHER CHOLESTEROL LOWERING AGENTS**

cholestyramine  
cholestyramine light  
colesevelam  
colestipol  
ezetimibe  
ezetimibe/simvastatin  
fenofibrate fenofibric acid  
gemfibrozil  
niacin  
prevalite

# 2020 CDH Preventive Medications - Standard Plus Generics Only

## HIGH BLOOD PRESSURE

### ACE INHIBITORS

benazepril  
captopril  
enalapril  
fosinopril  
lisinopril  
moexipril  
perindopril  
quinapril  
ramipril  
trandolapril

### ACE INHIBITORS/DIURETIC COMBINATIONS

benazepril/hctz  
captopril/hctz  
enalapril/hctz  
fosinopril/hctz  
lisinopril/hctz  
moexipril/hctz  
quinapril/hctz

### ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan  
eprosartan  
irbesartan  
losartan  
olmesartan  
telmisartan  
valsartan

### ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/hctz  
irbesartan/hctz  
losartan/hctz  
olmesartan/hctz  
telmisartan/hctz  
valsartan/hctz

## BETA BLOCKERS

acebutolol  
atenolol  
betaxolol  
bisoprolol  
metoprolol succinate  
metoprolol tartrate  
nadolol  
pindolol  
propranolol  
timolol

### BETA BLOCKER/DIURETIC COMBINATIONS

atenolol/chlorthalidone  
bisoprolol/hctz  
metoprolol/hctz  
nadolol/bendroflumethiazide  
propranolol/hctz

## CALCIUM CHANNEL BLOCKERS

amlodipine  
diltiazem er  
felodipine er  
isradipine  
nicardipine  
nifedipine er  
nisoldipine er  
verapamil

## DIURETICS

chlorothiazide  
chlorthalidone  
hydrochlorothiazide  
indapamide  
metolazone

## OTHER HIGH BLOOD PRESSURE COMBINATIONS

amlodipine/atorvastatin  
amlodipine/benazepril  
amlodipine/olmesartan  
amlodipine/olmesartan/hctz  
amlodipine/telmisartan  
amlodipine/valsartan  
amlodipine/valsartan/hctz  
trandolapril/verapamil

## MALARIA

atovaquone/proguanil  
chloroquine  
mefloquine

## OBESITY

benzphetamine  
diethylpropion  
phendimetrazine  
phentermine

## SMOKING-CESSATION\*

bupropion sr 150mg  
nicotine gum, lozenges and patches

## VITAMINS OR MINERALS

folic acid\*  
generic prenatal vitamins  
generic pediatric multivitamins with fluoride\*

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

**Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website [express-scripts.com](http://express-scripts.com).**

© 2019 Express Scripts. All Rights Reserved. Express Scripts and the "E" Logo are trademarks of Express Scripts Strategic Development, Inc. All other trademarks are the property of their respective owners.