Cigna Healthy Babies begins as soon as your doctor says, “Congratulations, you’re pregnant!”

GIVE YOUR BABY A HEALTHY START

Cigna Healthy Babies

Together, all the way.


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You have questions. We can help.

To support you during your pregnancy, you’ll get:
› Information to help you learn about pregnancy and babies, including information from the March of Dimes®.
› 24/7 telephone access to a nurse advocate.*
› Support from a case manager, who has nursing experience, if you or your baby have special health care needs.**

Information you can count on
You’ll find a wealth of information on myCigna.com from trusted sources like WebMD and Healthwise. You’ll learn how to:
› Make a plan for a healthy pregnancy
› Monitor your pregnancy week by week
› Prepare for labor and delivery
› Care for your baby

Log in to myCigna.com now.
Learn how to stay in the best possible health during your pregnancy.

Start today and give your baby a healthy start in life.

Call the number on your Cigna ID card to receive your Welcome Kit.

* These nurse advocates hold current nursing licensure in a minimum of one state but are not practicing nursing or providing medical advice in any capacity as a health advocate.
** Not included in all plans.